Peace Meal Senior Nutrition Program
July2024

1 Pork Tenderloin Potato Casserole Mixed Vegetables Peaches Bun	2 Manicotti w/Sauce Tossed Salad w/Dressing Seasoned Green Beans Roll Warm Fruit Compote	3 Ham w/ Mac and Cheese Carrots Peas Pears Roll	4 **Closed**	5 Turkey/Cheese Sandwich w/ Mayo Pkt Lettuce and Tomato Slices Summer Salad Bun Pineapple
8 Turkey Salad w/Grapes Cucumber Salad Three Bean Salad Fruit Cocktail Roll	9 Fried Chicken Mashed Potatoes/gravy Brussels Sprouts Pears Roll	10 Taco Salad w/Beans, Meat, Cheese Lettuce, Tomatoes Sour Cream & Taco Sauce + Taco Chips Pineapple in Jello	11 Hamburger Warm Potato Salad Pork and Beans Peaches Bun	12 Chicken Parmesan Zucchini Bake Mixed Vegetables Watermelon Whole Grain Wheat
15 Meatballs w/Tangy BBQ Sauce Honey Glazed Baby Carrots Green Beans Mandarin Oranges Whole Grain Wheat	16 Pork Chop in Gravy Mashed Potatoes Mixed Vegetables Apricots Texas Toast	17 Chicken Enchiladas Vegetable Rice Pilaf Peas Whole grain Wheat Cântaloupe	18 Stuffed Peppers in Tomato Sauce Green Beans Buttered Corn Whole Grain Roll Tropical Fruit	19 Saucy Riblet Sandwich Seasoned Broccoli Carrots Peaches Bun
22 Meat Loaf Mashed Potatoes/Gravy Spinach Whole Grain Roll Strawberry Gelatin Salad	23 Sub Sandwich w/Lettuce, Tomato, and Mayo Packet Broccoli Soup Kidney Bean Salad Crackers and Bun Fruit Salad	24 Chicken Fritter Vegetable Rice Pilaf Seasoned Green Beans Dinner Salad Fresh Fruit	25 Steak Burger Lettuce and Tomato Slices Rotini Vegetable Salad Bun Cantaloupe	26 Stuffed Chicken Breast Italian Green Beans Macaroni and Cheese with Chef Choice Veggie Dinner Roll Pineapple
29 Pork Tenderloin Potato Casserole Mixed Vegetables Peaches Bun	30 Manicotti w/Sauce Salad w/dressing Seasoned Green Beans Roll Warm Fruit Compote	31 Ham w/ Mac and Cheese Carrots Peas Pears Roll		

For information on Registering for OSF Peace Meal program Call: 1-309-665-5900

For Reservations or Cancellations:

Contact your local Site Coordinator or Home delivered meal driver by noon the weekday before or call the central kitchen: 1-217-893-8822 or OSF Peace Meal office: 1-309-665-5900

We may need to substitute on our planned menus with little or no notice.

We still guarantee a nutritious meal. Milk is served with each meal. Skim milk is available.

The OSF Peace Meal Senior Nutrition Program suggests a donation of $4.00 for each meal.

No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.

We accept the Illinois Link Card.